

HOW TO WASH YOUR HANDS



Wet hands with water



Apply plenty of soap



Rub your hands
palm to palm



Rub the backs of hands



Palm to palm
with fingers interlaced



Rub with backs of fingers
to opposing palms



Rub each thumb



Rub the tips of the fingers



Rinse your hands with water



Dry your hands
with single use towel



Use the towel to
turn off the tap



Your hands are clean and safe